Nurturing approaches are at the heart of everything we do at Thomas Muir Primary. In 2022/2023 we will be continuing to develop whole school nurturing approaches as well as providing targeted support for individuals.

The 6 Nurture Principles

- 1. Children's learning is understood developmentally and not by age.
- 2. The classroom and school offers a safe base.
- 3. Nurture is important in the development of wellbeing.
- 4. Language is understood as a vital means of communication.
- 5. All behaviour is communication.
- 6. Transitions are significant in the lives of children.

What is a nurture group?

A Nurture Group is a small group of between 6-8 pupils. Attending a nurture group provides children with excellent opportunities to improve their emotional wellbeing, social skills and self-esteem alongside learning across the curriculum. The group follows a structured and consistent routine with clear boundaries so that children feel safe, secure and ready to learn. Within the group children work on small achievable targets, for example taking turns.

<u>Benefits</u>

There are many great benefits and we are confident that being part of our Nurture Group will help children to:

- settle in school
- listen to instructions concentrate and focus on a task
- share and take turns
- build friendships
- understand feelings and emotions and begin to deal with these

Our Nurture Classroom, The Rainbow Room is located in the downstairs GP room. Once completed, there will be 4 distinct areas:

- a kitchen and dining area
- a living area
- a learning area
- a play area



